



Grantham Squash & Fitness Club Bye Laws

An Introduction to your Club

The club is owned and run by its members; we have a committee of members who meet on a regular basis to discuss and decide the direction of the club. The committee have appointed a small team to run the club on your behalf. This comprises a management team, together with Clubroom, gym and cleaning staff.

The Clubroom is the upstairs area comprising the lounge, bar, snooker and studio areas.

This is information and club rules (Bye Laws) for you to get the most out of your membership and to use the club safely whilst respecting other members' enjoyment.

1/ Access to your Club

All members receive a key fob to access the club. This may change to other means of electronic access in the future but will refer to key fobs in this document. Please always use it to enter the building.

If you have a problem with your key fob, the Clubroom team will rectify it.

If you have forgotten your key fob, please ring the bell and the Clubroom team will give you access.

The club is open every day except Christmas Day, current opening times are on the club's website <https://granthamsquash.co.uk>

2/ Visitors

Members can invite visitors to the club; they must accompany the visitor and sign them into the Visitor Book in the Clubroom. Any visitor using the gym or squash/racketball courts must pay the current guest fee in the Clubroom before starting the activity. The member is fully responsible for the visitor whilst at the club. Visiting teams are classed as a single visit.

Members under 16 years of age are not allowed to sign in visitors.

The number of guest visits a year is capped at 5 for any particular guest.



3/ Club Car Park

Please park considerately: do not park in front of a fire escape, in the staff parking area or behind other members' vehicles.

Members' cars parked on the road must be parked with courteous regard for the local inhabitants and in accordance with the Road Traffic Act.

4/ The Clubroom

The Clubroom is the hub of the club; you will receive a warm welcome.

From the Clubroom you can -

- borrow for free; rackets and balls (squash and racketball), eye goggles.
- get a plastic cup for water to take on court/in the gym.
- have squash court and snooker lights put on (for a fee).
- buy grips and balls.
- meet your opponent.
- sign up and pay for tournaments.
- sign in guests.
- buy beverages and snacks.
- pick up a full activity programme.
- use the Club's free WiFi.
- watch live sport.
- play pool (for a fee).

Animals are not permitted on the premises, except guide dogs.

Only food and drink purchased at the club can be consumed on the premises, unless the Manager or Clubroom team allow otherwise.

All members' lights and bar tabs need to be settled on the same day.

Only members can hold a function; functions can be booked with the Clubroom team.

Functions cannot be exclusive to a function's guests, the Clubroom will remain open to members.

On the very rare occasion a guest's function exceeds the 140-person fire limit, members will be informed 7 days before the event that the Clubroom will close for them at an earlier than usual time.

Please be considerate when using your mobile phone in the Clubroom.

Please show consideration to others if you come up to the Clubroom in between games. For instance, please avoid sitting on Clubroom furniture in your kit, especially during tournaments.



5/ Playing Squash & Racketball at your Club

When you join the club, you will receive a Mycourts login via email. This will allow you to view court availability, load money onto your account and book courts at busy times 3 weeks in advance (for a small fee). The court bookings are first come, first served basis.

Members are permitted to only book one court per day during peak times; generally weekdays 5.20pm until 8pm. Out of peak times, members can book as many courts as they desire on the condition that they will use them.

Any member not being on court within 5 minutes of the booking commencement time of play will forfeit the court, should it be required by another member.

Black marking shoes are not permitted on the courts, shoes should be clean and non-marking.

Juniors should wear safety glasses in accordance with England Squash Rules. Adults playing doubles are encouraged to wear safety glasses.

Squash bags are not to be brought into the bar area. If left in the downstairs corridor, please ensure they are out of the way. There is some shelving upstairs near Courts 3 and 4 for those requiring a more convenient storage area.

Non plastic glasses are not permitted on courts or in the changing rooms.

Please refer to the **squash & racketball etiquette** to get the most out of your game.

6/ Gym & Spinning Studio

These areas do not have a full-time staff presence. Please report any issues or equipment defects to the Manager.

No person under the age of 16 years is allowed in the gym area and must not use the equipment.

Please refer to the **gym and training guidelines** displayed in the gym and studio.



7/ Snooker at your Club

The snooker table is available to book in the club room, or by ringing the club on 01476 561449.

Members and members guests can borrow cues free of charge.

Lights must be switched on during play. Please pay in the Clubroom for the lights.

Under 18-year-olds may only use the snooker table under supervision of a responsible adult.

No food to be consumed or taken into the snooker room.

Please order and collect drinks at the bar and glasses are to be returned to the bar.

Please refer to the [snooker etiquette](#) to get the most out of your game.

8/ Male and Female Saunas

In each changing room area we have a sauna. These are great facilities to relax in. They are switched on manually by pressing the red button. They take 20 minutes to heat up and then require a £1 coin to have the lights on. The saunas must be used with the lights switched on.

If you have never used a communal sauna, then please read the [sauna etiquette](#) to get the most out of your visit.

9/ Member Behaviour

Upon joining the club, new members sign to indicate their agreement to abide by the club's Bye Laws and etiquette. If the club's management deem that a member has not followed these laws they may suspend the member immediately, if they think the breach is sufficiently serious.

The management can also suspend a member for any conduct (observed or alleged by another member) that is detrimental to the reputation, good order or welfare of the club.

The member will be asked to surrender their key fob, the reason for the suspension will be provided to the member in writing. The member has the right to appeal to the Committee and the appeal will be considered within 14 days of the suspension (either at a scheduled meeting or meeting arranged to consider the appeal).



The suspended member is entitled to provide written evidence to support their appeal. The Committee will vote on the course of action (options include lifting of suspension with or without written warning as to future behaviour, time limited suspension or expulsion) with a majority needed of those present to make a decision. It is necessary that at least 50% of the Committee are present for a decision to be made.

Behaviour that may lead to suspension includes, but is not limited to, the following:

- Using their key fob to allow entrance to a non-member to use any of the club facilities without ensuring the non-member pays the appropriate guest fee.
- Consuming alcohol or food within the club that has not been purchased within the club.
- Wilful damage to club property.
- Wilful disregard of the safety procedures of the club.